



*I sought the Lord,
And He answered me;
He delivered me from all my fears.
— Psalm 34:4*



**SUNDAY SEPTEMBER 20, 2009
10:00 A.M.**

*Cover photograph by Katarina Krueger.
To be part of the "Art" team please contact Erica
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*Welcome to Cross Sound Church. This page includes some
of the elements of today's worship. It's designed to give you
scriptures, prayers, and thoughts for further reflection
during your week.*

Gathering

Trinitarian Prayer

Father almighty, maker of heaven and earth:
Set up your kingdom in our midst.
Lord Jesus Christ, Son of the living God:
Have mercy on me, a sinner.
Holy Spirit, breath of the living God:
Renew me and all the world.

Call to Worship

I waited patiently for the LORD;
he turned to me and heard my cry.
He lifted me out of the slimy pit,
out of the mud and mire;
he set my feet on a rock
and gave me a firm place to stand.
He put a new song in my mouth,
a hymn of praise to our God.
Many will see and fear
and put their trust in the LORD.
— Psalm 40:1-3

Renewing

Confession of Sin

God of Mercy,
You sent Jesus Christ to seek and save the lost.
We confess that we have strayed from you and
turned aside from your way. We are misled by
pride, for we see ourselves pure when we are
stained, and great when we are small. We have
failed in love, neglected justice, and ignored your
truth. Have mercy, O God, and forgive our sin.

Words of Comfort and Assurance of Pardon

May the God of all mercy
turn to us and be gracious to us,
forgive us all our sins and deliver us,
through our prayers
and the help of the Spirit of Jesus.

^{All} Amen

Come, Ye Sinners

Come, ye sinners, poor and needy,
weak and wounded, sick and sore
Jesus ready stands to save you,
full of pity, love and power.

I will arise and go to Jesus;
He will embrace me in His arms
In the arms of my dear Savior,
O there are ten thousand charms.

Come, ye thirsty, come, and welcome,
God's free bounty glorify;
True belief and true repentance,
every grace that brings you nigh.

Come, ye weary, heavy laden,
bruised and broken by the fall
If you tarry till you're better,
you will never come at all.

I will arise and go to Jesus;
He will embrace me in His arms
In the arms of my dear Savior,
O there are ten thousand charms.

Let not conscience make you linger;
not of fitness fondly dream;
All the fitness He requireth
is to feel your need of Him.

I will arise and go to Jesus;
He will embrace me in His arms
In the arms of my dear Savior,
O there are ten thousand charms.

You Said

You said, "Ask and you will receive,
Whatever you need."
You said, "Pray and I'll hear from heaven,
And I'll heal your land."

You said Your glory will fill the earth,
Like water in the sea.
You said, "Lift up your eyes,
The harvest is here, your kingdom is near."

You said, "Ask and I'll give the nations to you."
Oh Lord, that's the cry of my heart!
Distant shores and the islands will see Your light
As it rises on us.

Blessed Be Your Name

Blessed be Your name in the land that is plentiful
Where Your streams of abundance flow,
blessed be Your name
And blessed be Your name
when I'm found in the desert place
Though I walk through the wilderness,
blessed be Your name

Every blessing You pour out I'll turn back to praise
And when the darkness closes in, Lord, still I will say

Blessed be the name of the Lord
Blessed be Your name
Blessed be the name of the Lord
Blessed be Your glorious name

Blessed be Your name when the sun's shining down on me
When the world's all as it should be, blessed be Your name
And blessed be Your name
on the road marked with suffering
Though there's pain in the offering, blessed be Your name

You give and take away
You give and take away
My heart will choose to say
Lord, blessed be Your name

Giving Thanks

Praise be to the LORD,
for he has heard my cry for mercy.
The LORD is my strength and my shield;
my heart trusts in him, and I am helped.
My heart leaps for joy
and I will give thanks to him in song.
The LORD is the strength of his people,
a fortress of salvation for his anointed one.
Save your people and bless your inheritance;
be their shepherd and carry them forever.

— Psalm 28:6-9

Series: *Ask.*

Message: *Anxiety, Prayer, and Peace*

Scripture: *Philippians 4:4-9*

⁴ Rejoice in the Lord always. I will say it again: Rejoice!
⁵ Let your gentleness be evident to all. The Lord is near.
⁶ Do not be anxious about anything, but in everything,
by prayer and petition, with thanksgiving, present your
requests to God. ⁷ And the peace of God, which tran-
scends all understanding, will guard your hearts and
your minds in Christ Jesus.

⁸ Finally, brothers, whatever is true, whatever is noble,
whatever is right, whatever is pure, whatever is lovely,
whatever is admirable—if anything is excellent or praise-
worthy—think about such things. ⁹ Whatever you have
learned or received or heard from me, or seen in me—
put it into practice. And the God of peace will be with
you.

— Philippians 4:4-9

Quotes:

“The more we pray, the more we think to pray, and as we see the results of prayer — the responses of our Father to our requests — our confidence in God’s power spills over into other areas of our life.” — Dallas Willard.

“...the most blessed element in this asking and getting from God lies in the strengthening of faith which comes when a definite request has been granted. What is more helpful and inspiring than a ringing testimony of what God has done?” — Rosalind Goforth

“Lord, the truth is that I am often afraid. All the weight of your promises seems sometimes to be only a feather, and the weight of my fears is lead. Reverse that Lord, I pray.” — Elisabeth Elliot

“What does an unused prayer link look like? Anxiety. Instead of connecting with God, our spirits fly around like severed power lines destroying everything they touch.” — Paul Miller

“Instead of hunting for the perfect spiritual state to lift you above the chaos, pray in the chaos. As your heart or your circumstances generate problems, keep generating prayer.” — Paul Miller

Communion

Communion, also called the Lord’s Supper, is the family meal of Christians. We invite all baptized followers of Jesus Christ to participate. If you are not a follower of Jesus or are not prepared to share in the meal, we encourage you to spend this time in prayer. We hope this time is helpful to you as you consider your relationship with Jesus Christ and with his people, the church.
(See *Prayers for Reflection* below.)

Our Great God

Eternal God, unchanging, mysterious and unknown
Your boundless love unfailing, in grace and mercy shown
Bright seraphim in endless flight around your glorious throne
They raise their voices day and night in praise to You alone

Hallelujah! Glory be to our great God! (2x)

Lord we are weak and frail, helpless in the storm.
Surround us with your angels, hold us in your arms.
Our cold and ruthless enemy, his pleasure is our harm.
Rise up, oh Lord, and he will flee before our Sovereign God!

Hallelujah! Glory be to our great God! (2x)

Let every creature in the sea and every flying bird;
Let every mountain, every field and valley of the earth;
Let all the moons and all the stars in all the universe
Sing praises to the living God, who rules them by His word.

Hallelujah! Glory be to our great God! (4x)

Create In Me a Clean Heart

Create in me a clean heart, O God
And renew a right spirit within me
Create in me a clean heart, O God
And renew a right spirit within me

Cast me not away from Thy presence, O Lord
And take not Thy Holy Spirit from me
Restore unto me the joy of Thy salvation
And renew a right spirit within me

Continue To Love Me

Continue to love me, with that same love
Righteous and unchanging
Continue to love me, with that same love
Priceless and unfailing

Your love, it reaches to the sky
Your righteousness, a mountain high
How priceless, Your unending love
Both high and low among men
Take cover under Your wings
How priceless, Your unending love

How priceless, Your unending love
How priceless, Your unending love

Prayers of the People

Heavenly Father, nourish your church to bear lasting fruit; may all who abide in Jesus, the true vine, be united in your truth, serve together in your love, and know your joy, so that your glory may be known in all the world.

For this, O Lord, we pray:

Lord, hear our prayer.

Lord Jesus, bless and guide our leaders; give wisdom to all in authority; Direct this and every nation in the ways of justice and of peace. We pray for especially today for our president and our elected representatives in congress. May they serve the common good of all.

For this, O Lord, we pray:

Lord, hear our prayer.

Holy Spirit, you bind our lives together in Jesus. We thank you for every member of this church family. We ask you to guard new believers, to strengthen any of us whose faith is faltering, to rekindle the light of faith in those who have turned away, and to help each of us show compassion and concern for one another;

For this, O Lord, we pray:

Lord, hear our prayer.

And for what else should we pray?

Please add your own prayers at this time, ending with, "For this, O Lord, we pray" and all responding, "Lord, hear our prayer."

Offering

From you comes the theme of my praise in the great assembly; before those who fear you will I fulfill my vows. The poor will eat and be satisfied; they who seek the LORD will praise him— may your hearts live forever!

— Psalm 22:25

Jesus, I Come

Out of my bondage, sorrow and night,
Jesus, I come; Jesus I come.
Into Thy freedom, gladness and light,
Jesus, I come to Thee.
Out of my sickness into Thy health,
Out of my wanting and into Thy wealth,
Out of my sin and into Thyself,
Jesus, I come to Thee.

Out of my shameful failure and loss,
Jesus, I come; Jesus, I come.
Into the glorious gain of Thy cross,
Jesus, I come to Thee.
Out of earth's sorrows into Thy balm,
Out of life's storms and into Thy calm,
Out of distress into jubilant psalm,
Jesus, I come to Thee.

Out of unrest and arrogant pride,
Jesus, I come; Jesus, I come.
Into Thy blessed will to abide,
Jesus, I come to Thee.
Out of myself to dwell in Thy love,
Out of despair into raptures above,
Upward forever on wings like a dove,
Jesus, I come to Thee.

Out of the fear and dread of the tomb,
Jesus, I come; Jesus, I come.
Into the joy and light of Thy home,
Jesus, I come to Thee.
Out of the depths of ruin untold,
Into the peace of Thy sheltering fold,
Ever Thy glorious face to behold,
Jesus, I come to Thee.

Benediction

May the Lord lift up his face upon you and give you peace; in your going out and your coming in, in your sitting down and your rising up, in your work and in your play, in your joy and in your sorrow, in your laughter and in your tears, until that day comes which is without dawn and without dark.

All **Amen**

Prayers for Reflection

Prayer of Belief

Jesus, you claim to be the way, the truth, and the life. Grant that I might be undaunted by the cost of following you as I consider the reasons for doing so. If what you claim is true, please guide me, teach me, and open to me the reality of who you are. Give me an understanding of you that is coherent, convincing, and that leads to the life that you promise.
Amen.

Prayer of Belief

Lord Jesus, I admit that I am weaker and more sinful than I ever before believed, but through you I am more loved and accepted than I ever dared hope. I thank you for paying my debt, bearing my punishment on the cross, and offering forgiveness and new life. Knowing that you have been raised from the dead, I turn from my sin and receive you as Savior and Lord.
Amen.

Prayer for the Struggling with Sin

Lord Jesus, grant that I may see in you the fulfillment of all my needs, and my turn from every false satisfaction to feed on you, the true and living bread. Enable me to lay aside the sin that clings so closely, and run with perseverance the race set before me, looking to you, the pioneer and perfecter of my faith.
Amen.

Prayer of Commitment

Lord Jesus, you have called us to follow you in baptism and in a life of committed discipleship in your church. Grant that I may take the necessary steps to be one with your people, and live in the fullness of your spirit.
Amen.

Prayer Needs

The Chadwick Family
Hannah Hunt (Brain Cancer)
Gene Shawley (Cancer - Chemo.)
Alice Bundrant (Continued healing)
Missions
Our Military

(If you have prayer requests or prayers of thanksgiving that you would like to share on this page please email Penny@crosssound.org or fill out a Welcome card and drop it on the offering basket. Our Prayer teams will be praying for these things as well.)

*Our Father who art in heaven,
hallowed be Thy name.
Thy kingdom come, Thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our debts as we forgive
our debtors.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom
and the power
and the glory forever. Amen.*

Cross Sound Announcements

High School Table Talks: Please join us around the Krueger's table. 11681 Madison Ave, N.E. Bainbridge Island - 842-0945 NEW TIME this fall, due to the new service time.....lunch will begin each week approximately @ 12:00 and end by 1:30 p.m. All 9th through 12th graders welcome and feel free to bring a friend with you! Join us each week for a time of food, fellowship, stimulating conversations and intriguing bible study and plain old fun. See Marit for details (marit@crosssound.org)

CROP Walk: Please save Sunday afternoon, October 4th, 2009, to join islanders of all faith traditions in our 14th annual CROP Hunger Walk. The walk benefits the Helpline House food bank, Fishline, and the work of Church World Service partners in the U.S. and overseas. Registration starts a 1:30 followed by the Walk at 2:00 p.m. For more information about CROP Hunger Walks click on www.cropwalk.org.

Learn about issues of homeless and street-involved youth! New Horizons Ministries (NHM) is a Christian, interdenominational, non-profit agency that serves Seattle's street youth. We are holding our training Sat. Sept. 26 from 8:30-5:00. Training topics will include Street Culture, Prostitution, Chemical Abuse, Relational Counseling, and Spiritual Formation. We will need many more volunteers as we will be opening Street Bean Espresso, a coffee shop which will equip our youth with job skills, later this year. Whether you are interested in volunteering with NHM or simply want to learn more about youth involved in street culture, this is a great place to start! Contact Joy Eckwood: joye@nhmin.org.

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Upcoming Chiapas Trip? Anyone who is interested in finding out more about our next service trip to Chiapas in Feb. 2010 is invited to attend a brief informational meeting immediately following the service today, September 20.

Opportunity to Sing: Cross Sound's Choir will be rehearsing September 27 and October 4 (Sundays) at 9 a.m. and singing in the service Oct. 4. Come join us on the upper level of the education building, whether you've sung with us before or not. We'd be glad to welcome you. For more information, contact Rob Zawoysky at z@masterworks.com

Kitsap County Life Chain Sunday, October 4, 2:00-3:15
Corner of Silverdale Way and Ridgetop, Silverdale.

Meals for the McKinstry's: If you are interested in preparing and delivering a meal to the McKinstry's on a Wednesday evening please sign up on the back of your welcome card, at the greeters table, or contact Kristy kristy@hilst.org

Young Life Banquet

Saturday, October 3 6PM Christ Memorial Church, Poulsbo
Questions: Lance Klopp 206-396-0491 or Sherri Gray 360-620-3821 www.bink.younglife.org
lklopp@bink.younglife.org or sherrigray@gmail.com

Prayer Group: Every Wednesday evening at 7pm at the Getters home, all are welcome. Call the Getters at 855-9197 for prayer requests or for more information.

Freedom 5k Sept. 26 8:00 a.m.

Support the movement to END human trafficking throughout the world! Freedom 5k proceeds donated to the Tronie Foundation (recently shown on the Oprah show), which is a northwest organization providing safe houses for victims of human trafficking. For more info: freedom5k@live.com

Financial Update

Weekly Budget Needs: \$13,990.40

Last Week's Giving: : \$10,188.00

Monthly Budget Needs: \$55,961.59

Giving for Month of September: \$20,781.00

"Worship Through Giving" *An envelope has been provided for your records and will be picked up at the end of the service.*

Get Connected at Cross Sound: Stop by the greeter table to find out what events, ministry opportunities, and small groups are available for you to participate in, or call us at 206-842-6898.

Sermons are available online at www.crosssound.org. and CD copies are available up on the CD cart near the bookcart.

If you would like to know more about Cross Sound Church,

Welcome Packets are available at the greeter table.



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Singin' the Blues

The clouds are coming...

This class will discuss issues around...

- * seasonal depression

- *feelings of sadness, loss of passion or energy

- *signs of depression

- *understanding friends or family member who struggle with depression

... and how to find our hope in God in these dark places.

A three-week course beginning Sept. 27th.

Meets from 8:45 am to 10:00 am in the upstairs classrooms prior to worship

Taught by: Charlene Moy

A Praying Life - A Book Discussion

“Prayer- it tends to become a production and a problem.”

“Life - it’s always a production and a problem. You cycle through your to-do list, your anxieties, distractions, pressures, pleasures, and irritants.”

“God - He’s there, somewhere, sometimes...”

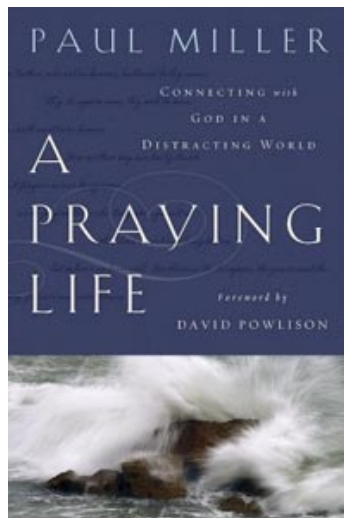
How does all this fit?

A three-week course beginning Sept. 27th.

Meets from 8:45 am to 10:00 am in the upstairs classrooms

Please read the book before the class begins

Facilitated by: Cross Sound Elders



Why Art Matters (Esp. to Christians)

Is “beauty only in the eye of the beholder”?

What is the relationship between beauty and truth?

Is some art secular and some art sacred?

Is it all just a matter of opinion?

What is the relationship between doing art and doing life?

Who was the first artist?

A three-week course beginning Sept. 27th.

Meets from 8:45 am to 10:00 am in the upstairs classrooms

Taught by: Dave Kragen