



“May the Son of God
who is already formed in you,
grow in you so that for you
He will become immeasurable
and that in you He will become laughter,
exultation, and the fullness of joy
which no one can take from you.”

— Isaac of Stella



SUNDAY OCTOBER 25, 2009
10:00 A.M.

Cover art by Jamie Brouwer.
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Welcome to Cross Sound Church. This page includes some
of the elements of today's worship. It's designed to give you
scriptures, prayers, and thoughts for further reflection
during your week.

G a t h e r i n g

Trinitarian Prayer

Father almighty, maker of heaven and earth:
Set up your kingdom in our midst.
Lord Jesus Christ, Son of the living God:
Have mercy on me, a sinner.
Holy Spirit, breath of the living God:
Renew me and all the world.

Call to Worship

Hear my cry for mercy as I call to you for help, as I
lift up my hands toward your Most Holy Place.

Praise be to the LORD, for he has heard my cry for
mercy. The LORD is my strength and my shield;
my heart trusts in him, and I am helped. My heart
leaps for joy and I will give thanks to him in song.
The LORD is the strength of his people, a fortress of
salvation for his anointed one. Save your people and
bless your inheritance; be their shepherd and carry
them forever.

— Psalm 28:2,6-9

R e n e w i n g

Confession of Sin

God, our Father,
your glory is above all things,
yet you love us and answer us
in spite of our failings and sin.
Forgive us, Lord, for our lack of faith
and our haughtiness which denies your work in
us, and help us to come to you in humility,
with thanksgiving

Words of Comfort and Assurance of Pardon

May the God of mercy,
Who forgives us all our sins,
Strengthen us in all goodness,
And by the power of the Holy Spirit
Keep us in eternal life.

^{All} Amen

Hear My Cry, O Lord

Hear my cry, O Lord
Attend unto my prayer
From the ends of the earth
Will I cry out to Thee

And when my heart is overwhelmed
Lead me to the Rock
That is higher than I
That is higher than I

For Thou hast been
A shelter unto me
A strong tower, Lord
Against the enemy

Jesus, the Lord, My Savior Is

Jesus, the Lord, my Savior is,
My Shepherd, and my God;
My light, my strength, my joy, my bliss;
And I His grace record.

Whate'er I need in Jesus dwells,
And there it dwells for me;
'Tis Christ my earthen vessel fills
With treasures rich and free.

Mercy and truth and righteousness,
And peace, most richly meet
In Jesus Christ, the King of grace,
In Whom I stand complete.

As through the wilderness I roam,
His mercies I'll proclaim;
And when I safely reach my home,
I'll still adore His name.

"Worthy the Lamb," shall be my song,
"For He for me was slain;"
And me with all the heavenly throng
Shall join, and say, "Amen."

What a Friend We Have in Jesus

What a friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear,
All because we do not carry everything to God in prayer.

Hear our prayer, hear our prayer
When we leave our burdens in Your care
For this, today, oh Lord we watch and pray
Gracious Father, hear our prayer

Are we weak and heavy laden,
cumbered with a load of care?
Precious Savior, still our refuge,
take it to the Lord in prayer.
Do your friends despise, forsake you?
Take it to the Lord in prayer!
In His arms He'll take and shield you;
you will find a solace there.

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged;
take it to the Lord in prayer.
Can we find a friend so faithful
who will all our sorrows share?
Jesus knows our every weakness;
take it to the Lord in prayer.

Giving Thanks

Give thanks to the LORD, for he is good. His love endures forever. Give thanks to the God of gods. His love endures forever. Give thanks to the Lord of lords: His love endures forever.

— Psalm 28:6-7

Series: *Ask.*

Text: Exodus 17:7-16

Title: Waging War

⁷ And he called the place Massah [a] and Meribah [b] because the Israelites quarreled and because they tested the LORD saying, "Is the LORD among us or not?"

⁸ The Amalekites came and attacked the Israelites at Rephidim. ⁹ Moses said to Joshua, "Choose some of our men and go out to fight the Amalekites. Tomorrow I will stand on top of the hill with the staff of God in my hands."

¹⁰ So Joshua fought the Amalekites as Moses had ordered, and Moses, Aaron and Hur went to the top of the hill. ¹¹ As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning. ¹² When Moses' hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up—one on one side, one on the other—so that his hands remained steady till sunset. ¹³ So Joshua overcame the Amalekite army with the sword.

¹⁴ Then the LORD said to Moses, "Write this on a scroll as something to be remembered and make sure that Joshua hears it, because I will completely blot out the memory of Amalek from under heaven."

¹⁵ Moses built an altar and called it The LORD is my Banner. ¹⁶ He said, "For hands were lifted up to the throne of the LORD. The [c] LORD will be at war against the Amalekites from generation to generation."

— Exodus 17:7-16

Quotes:

"I'm sure, that many people fail to pray properly because they are pursuing prayer rather than God. Ironically, they make prayer their focus instead of focusing on the one to whom they are praying. Prayer becomes an end in itself rather than the means to relationship with God. No wonder, then, that we struggle!... Getting to know a person, God, is the center."

—Paul Miller, *"A Praying Life"*

"If I could hear Christ praying for me in the next room, I would not fear a million enemies. Yet distance makes no difference. He is praying for me."

— Robert Murray McCheyne

"...True prayer is measured by weight, not by length. A single groan before God may have more fullness of prayer in it than a fine oration of great length."

—C. H. Spurgeon

"Intercession is truly universal work for the Christian. No place is closed to intercessory prayer. No continent - no nation - no organization - no city - no office. There is no power on earth that can keep intercession out."

—Richard Halverson

Q. Why do Christians need to pray?

A. Because prayer is the most important part of the thankfulness God requires of us.

And also because God gives his grace and Holy Spirit only to those who pray continually and groan inwardly, asking God for these gifts and thanking him for them.

—Heidelberg Catechism #116

Prayers of the People

God the Father, look in your mercy upon the world you loved so much that you came among us in your Son to suffer and to die. Strengthen all those who daily labor to share the reconciliation won at such a cost upon the cross, and by your gospel draw your people close to you; For this, O Lord, we pray:

Lord, hear our prayer.

God the Son, we pray for those who make laws, interpret and administer them, that our common life may be ordered in justice and mercy, Bless and guide the nations of the world and their leaders: and all who strive for justice and reconciliation, that by God's help the world may live in peace and freedom.

For this, O Lord, we pray:

Lord, hear our prayer.

God, the Holy Spirit, bring healing through the wounds of Christ our Savior to all who are weighed down by pain and injustice. Help the lonely and the betrayed, the suffering and the dying, to find strength in the companionship of Jesus, and in his passion to know their salvation;

For this, O Lord, we pray:

Lord, hear our prayer.

And for what else should we pray?

Please add your own prayers at this time, ending with,

"For this, O Lord, we pray" and all responding,

"Lord, hear our prayer."

Communion

And now we give you thanks,
that it is you who works within us, O God;
through your love for us and your sacrifice on the cross,
your joy and salvation has already begun
and will be made complete,
both in us and in the world.
And so we gladly thank you,
with saints and angels praising you.

(See *Prayers for Reflection* below.)

(Deacons are available to pray with you, or for you, just on the other side of the wall towards the coffee cart.)

Behold the Lamb of God

Behold the Lamb of God
Behold the Lamb of God
He takes away the sin,
The sin of the world

Holy, Holy, Holy

Holy, holy, holy! Lord God Almighty!
Early in the morning our song shall rise to Thee.
Holy, holy, holy! Merciful and mighty,
God in three persons, blessed Trinity!

Holy, holy, holy! All the saints adore Thee,
Casting down their golden crowns around the glassy sea;
Cherubim and seraphim falling down before Thee,
Which wert, and art, and evermore shall be.

Holy, holy, holy! Though the darkness hide Thee,
Though the eye of sinful man Thy glory may not see,
Only Thou art holy; there is none beside Thee,
Perfect in power, in love and purity.

Holy, holy, holy! Lord God Almighty!
All Thy works shall praise Thy name, in earth and sky
and sea.
Holy, holy, holy! Merciful and mighty,
God in three persons, blessed Trinity!

Offering

I urge you, in view of god's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual worship.

— Romans 12:1

The heart of the gospel is the overwhelming generosity of God to us in Christ. We are "blessed to be a blessing." If you, or anyone you are aware of, is in need of assistance with housing, rent, utilities, medical bills, etc. We as a church would love to try to help. Contact any one of the deacons, pastors or staff listed in the bulletin.

All Must Be Well

Through the love of God our Savior, All will be well
Free and changeless is His favor, All is well
Precious is the blood that healed us
Perfect is the grace that sealed us
Strong the hand stretched forth to shield us
All must be well

Though we pass through tribulation, All will be well
Ours is such a full salvation, All is well
Happy still in God confiding
Fruitful if in Christ abiding
Steadfast through the Spirit's guiding
All must be well

We expect a bright tomorrow; All will be well
Faith can sing through days of sorrow, All is well
On our Father's love relying
Jesus every need supplying
Yes in living or in dying
All must be well

On our Father's love relying
Jesus every need supplying
Yes in living or in dying
All must be well

Benediction

Then the LORD spoke to Moses, saying, "Speak to Aaron and to his sons, saying, 'Thus you shall bless the sons of Israel. You shall say to them:

The LORD bless you, and keep you;

The LORD make His face shine on you,
And be gracious to you;

The LORD lift up His countenance on you,
And give you peace.'

All Amen

P r a y e r s f o r R e f l e c t i o n

Prayer of Belief

Jesus, you claim to be the way, the truth, and the life. Grant that I might be undaunted by the cost of following you as I consider the reasons for doing so. If what you claim is true, please guide me, teach me, and open to me the reality of who you are. Give me an understanding of you that is coherent, convincing, and that leads to the life that you promise.

Amen.

Prayer of Belief

Lord Jesus, I admit that I am weaker and more sinful than I ever before believed, but through you I am more loved and accepted than I ever dared hope. I thank you for paying my debt, bearing my punishment on the cross, and offering forgiveness and new life. Knowing that you have been raised from the dead, I turn from my sin and receive you as Savior and Lord.

Amen.

Prayer for the Struggling with Sin

Lord Jesus, grant that I may see in you the fulfillment of all my needs, and my turn from every false satisfaction to feed on you, the true and living bread. Enable me to lay aside the sin that clings so closely, and run with perseverance the race set before me, looking to you, the pioneer and perfecter of my faith.

Amen.

Prayer of Commitment

Lord Jesus, you have called us to follow you in baptism and in a life of committed discipleship in your church. Grant that I may take the necessary steps to be one with your people, and live in the fullness of your spirit.

Amen.

P r a y e r N e e d s

Alice Bundrant (Surgery - recovery)

Hannah Hunt (Brain Cancer)

Gene Shawley (Cancer - Chemo.)

Pam Melendez (Surgery)

The Blain Family

The Chadwick Family

Our Youth

Missions

Our Military

Families in Crisis

(If you have prayer requests or prayers of thanksgiving that you would like to share on this page please email Penny@crosssound.org or fill out a Welcome card and drop it on the offering basket.

Our Prayer teams will be praying for these things as well.)

Cross Sound Announcements

The Rwanda Basket Co. sale is coming to Crossound!

Buy a gift - make a difference! Just in time for Christmas, or maybe that special wedding or birthday gift, these are perhaps the finest quality baskets made in Africa today. Functional and incredibly reasonable, Rwanda baskets come in tasteful colors and designs that often tell a story. All profits go to the weavers guild and other Rwanda Partners poverty reduction programs. rwanidabaskets.com to view catalogue. Nov 15 after service in the lobby.

Save the Date for the McTakeover! Nov. 4

Fundraising effort for our San Pedrito family and the upcoming trip. Coupon books will be sold after service, 40% goes to Chiapas. Here is your excuse to splurge on that "Big Mac for a cause."

High School Garden Team! Nov. 7

Thanks to everyone who helped out during our October session. The War Memorial planter is completely clear of weeds! Lets meet again at the Memorial and tackle the beds nearby. Our next event will be on 11/7/09. Anytime between 9 and noon. Bring a pitchfork.

WOMEN OF CROSS SOUND

Please reserve the dates of Feb. 26th and 27th for Cross Sound Church's 2010 Woman's Retreat. The entire retreat will take place on the island so no need to travel! Plans have been made for a fabulous speaker and great fellowship. More details will follow shortly.

Please plan to attend!

To Reach Us

Staff

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Women's Harvest Lunch! Saturday, Nov. 7 10AM at Island Church. Please join us for Worship, Music, and Fellowship. There will be food, giveaways and a special Guest Speaker. There is a suggested donation of \$5.00 at the door. Childcare will not be available. Please indicate your plan to attend on the Golden Clipboard or the back of your welcome card. Questions? Please contact Karen Sherwood 206-201-3191

Any women desiring to have a table at the brunch to sell their arts and crafts of any form, please call Cheri Brune, 780-6973.

Who knew that dressing up could be a blessing?

Each year, Cross Sound Church dresses up to bless the senior citizens at our neighborhood Wyatt House. Kids of all ages can stop by the Wyatt House, located on the corner of Wyatt & Madison, from 3:30 – 4:15 on Sat., Oct. 31st. Our Wyatt House friends will be awaiting our visit during that specific time and they really look forward to this event! Remember to come in costume to receive your first Halloween "treat". Your visit will be a real "treat" to them as well!

Sunday, Nov.1: The Tijuana Home Building team will be hosting "The Tijuana Market" on Sunday, November 1st, following the service. There will be booths selling crafts, paintings, jewelry and other items created by artists in our church. There will also be booths for baked goods, and Mexican food. Artists, Bakers and Chefs, please contact Kathy Weibel at dkweibel@mac.com or sign up on the Golden Clipboard or the back of your welcome card if you would like to participate in this event.

The competition is on!!

Our Cross Sound Youth are frantically trying to fill their "house banks." What better way to get them personally involved in helping the fundraising efforts for building homes in Tijuana than to make it a **Boys V. Girls** competition! Keep collecting that spare change (bills and checks too) and come with bank in hand on Nov. 15. The kids will mark their banks on the bottom with a "b" or "g" before presenting them to the Tijuana team. Watch for details about the awesome swim party and the award for the winner!

Financial Update

Weekly Budget Needs: \$13,990.40

Last Week's Giving: : \$4,423.50

Monthly Budget Needs: \$55,961.59

Giving for Month of October: \$24,437.00



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We are pleased to announce the following Groups this year at Cross Sound Church:

BOYS...

WHO/WHAT: 5th, 6th, 7th grade FATHER/SON GROUP led by Brian Hilst
WHERE: Brian Hilst's home: 8150 Hansen Road NE, BI
WHEN: 1st & 3rd Friday Evenings of each month, 6:30 – 8:00 p.m.
CONTACT: Brian, 206-855-7927 or brian@hilst.org

WHO/WHAT: 7th & 8th grade boys led by Mark Bullard
WHERE/WHEN: To be announced.
CONTACT: Mark, 909-5483 or markbullard@yahoo.com

WHO/WHAT: 9th – 12th grade boys led by Steve Webber
WHERE: Steve Webber's house; 9809 NE Murden Cove Drive, BI
WHEN: Every Wednesday evening, 7:00 – 8:30 p.m.
CONTACT: Steve, 842-8201, home/ 206-715-6276, cell or sdcl@msn.com

WHO/WHAT: 11th & 12th grade boys led by Rick Maguire
WHERE/WHEN: To be announced
CONTACT: Rick, 842-2539 or rmaguire@microsoft.com

GIRLS...

WHO/WHAT: 5th & 6th grade girl's community group led by Carrie Sellers
WHERE: Carrie Seller's house; 6135 Lynwood Center Road, BI
WHEN: Every Wednesday, 3:30 – 5:00 p.m.
CONTACT: Carrie, 855-8926

WHO/WHAT: The Dead Sea Squirrels, 7th & 8th grade girls led by Robin Duncan & Lisa Bernardin
WHERE: Kelly Coffyn's house; 11315 Blue Heron Lane, BI
WHEN: Every Monday, 6:30– 8:15 p.m.
CONTACT: Robin, 842-3456 or duncanfamily1@msn.com
Lisa, 780-2240 or jimilisaB@comcast.net

WHO/WHAT: 9th & 10th grade girls group led by Wendy Best
WHERE: Wendy Best's House: 17030 Lemolo Shores Dr NE, Poulsbo
WHEN: Thursday nights, 7:00 – 8:30 p.m.
CONTACT: Wendy, 360-779-4943, rbest141@comcast.net

WHO/WHAT: 10th Grade girls led by Dana Webber
WHERE: Dana Webber's house: 9809 NE Murden Cove Drive, BI
WHEN: Every Wednesday, 7:00 – 8:30 p.m.
CONTACT: Dana, 780-8201 home, 715-4551-cell or dana@danawebber.com

WHO/WHAT: 11th - 12th grade girls led by Dana Webber
WHERE/WHEN: To be announced
CONTACT: Dana, 780-8201 home, 715-4551-cell or dana@danawebber.com

If you are interested in joining a group, or have a son or daughter who might be interested in joining a group, feel free to call the contact person listed and/or contact Marit Krueger, Next Generation Facilitator at 206-484-4953 or marit@crosssound.org.

